



# The Leader

March  
Volume 74 Issue 3

La Crosse Jaycees 502 Jay Street La Crosse, WI 54601 Phone: (608) 791-1133  
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## 2009 Board of Directors

### President

Laurie Sonsalla

### Chairman

Kyle Olson

### Management VP

Kristie Arens

### Membership VP

Donella Sarauer

### Community VP

Heather Suby

### Social Director

Barb Frahm

### Secretary

Suzie Goyette

### Treasurer

Jason Arens

## 2009 President

Hello Jaycees,

February was another banner month for the La Crosse Jaycees! We started off by hosting a La Crosse Mayoral Candidates Forum. 6 of the 7 people vying for the position were able to make the event. Each candidate spoke and then they answered questions. It was a very interesting and informative night. Our second meeting of the month was Hot, Hot, Hot! It was a Salsa party like none other. Victor and his dancing friends taught us some fun salsa dance steps. It took a little bit, but we finally got them down! We had several socials throughout the month that got everyone out of the house and having some fun with their fellow Jaycees.

We have several projects in full swing right now. Congrats to James Brennan for stepping up to chair his first project, MDA Shamrocks. Thank you James! We have delivered the Shamrocks to several locations around town. In March we have several times where we will be visiting several of those places to assist with the Shamrock sales. We are involved with raising funds for a couple organizations in the community, please pledge our members who are plunging or bowling. In April we are having a Chicken Q on April 2<sup>nd</sup>. Please help by selling tickets! If you can hang a sign at work and sell the chicken dinners for lunch, and then come pick them up for your office, that would be great. Zach Geier has agreed to chair this project! Way to go Zach, thank you! Please see his article for more info. In April we also have Neighbor's Day. Heather Suby is chairing this but is looking for some helpers. Please see her for more info.

Thank you to our members who have been spreading the news about the Jaycees. So far this year we have added 4 new members! Keep inviting your friends, neighbors and even strangers to join our great group, the more the merrier!

Please watch the website and your email inboxes, we have lots of new exciting things coming your way including new projects, fun socials, a Road Rally and even bringing back the Softball Team (scary!) It's a good time to be a La Crosse Jaycee, don't you want to be part of it? It is time to Spice Up your life!

Yours in Jaycees,  
Laurie

## Chairman of the Board

### Chairman's Planning Guide ID

**Date: Tuesday, March 10<sup>th</sup>**

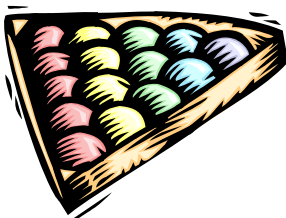
**Time: 6:00 p.m. - ???**

**Place: La Crosse Jaycee Hall**

Learn the basics on how to plan, implement, and evaluate a successful project for the Jaycees or your professional career! As a member of the Jaycees we are all granted the opportunity to improve our personal skills as leaders. One very important step to becoming a good leader is PLANNING!

The ID will begin at 6:00 pm with an overview of the Chairman's Planning Guide (CPG), with tips to help tackle the most daunting project! From there we will break into groups and work on a CPG for two upcoming projects, Walkin' for Wishes, and Neighbors Day.

### Indoor Olympics



When: Saturday, April 25  
(Pre-register by April 2<sup>nd</sup> for discount)  
Where: Lancaster, WI  
Why: Jaycee social, games, CASH PRIZES!

A night of fun and games! Bus transportation is provided from the hotel in Platteville to down town Lancaster, so you don't have to worry about driving! Let me know if you are interested in joining a La Crosse team. We will carpool to Lancaster, and split the cost for a hotel. For more info check out the link or e-mail me! [betonajetta@hotmail.com](mailto:betonajetta@hotmail.com)

<http://www.wijaycees.org/Registration%20Lancaster%204-25-09.doc>

Kyle Olson  
Chairman of the  
Board  
Regional Director



## Management VP

Hello Jaycees!

It is almost spring and we are quickly approaching Chicken Q season! We have one planned for Thursday, April 2nd. Many thanks to Zach Geier for chairing this project!!! Pogy's is providing the chicken dinners, and it will be held at the VFW on 6th and Market Streets. The event will be from 11am-6pm. Please see Zach for your tickets and sign-up sheets for your place of business, and make sure to buy one for yourself!

Thanks again Zach for stepping up to run this project!

Kristie Arens

## Polar Plunge

The Polar Plunge is a unique opportunity for individuals, organizations, and businesses to support local Special Olympics athletes by jumping or running into the icy waters of Wisconsin. And it's coming this weekend!!! Please come support our Jaycees team that will be jumping in the cold Black River. Here is our team:

Amber Leer  
Zach Geier  
Mark Van den heuvel  
Suzie Goyette  
Dan Tyzenhaus  
Kristie Arens (to chicken to plunge participant)

Please let me know if you are still interested in participating or go out to the Special Olympics website and join the Jaycees Polar Plunge Team! If you can't participate, please think about making a donation to one of those participating.

Thank you for your support!!!  
Suzie Goyette



## Bowl for Kids Sake

We didn't "strike" out this year! The Jaycees have 10 members Bowling for Kid's Sake on Friday, March 27th at 7:00 pm at Features in West Salem. We have "split" the teams up and are shining up our shoes! The Jaycees signed up so far are Laurie, Zach, Amber, Heather P., Matt and Erin, Jason A., Donella, Suzie and me. There is still time to sign up a team! Let me know if you want to bowl and I will get you signed up! If bowling isn't "up your alley", be sure to come out and cheer us on! Rumor has it, we will possibly be partying in the big town of West Salem after bowling! You don't want to miss that!!! If you would like to make a donation to Big Brothers Big Sisters, please go to the following link: <http://bowlforkidslacrosse.kintera.org/faf/teams/groupTeamList.asp?ievent=294293&lis=1&kntae294293=FEDCC1878A644C2EA6D7F8AD3F697F2F&tlteams=3303393>

Thanks!

Heather Suby  
Community VP



## MDA Shamrocks

The Shamrock Fundraiser for the Muscular Dystrophy Association is underway. Several local companies have agreed to assist in selling the shamrocks. They companies include: Happenings Bar, Bronco's Bar, Diggity Dog Daycare, Be Fit Gym, Chances R Bar, and 1st Business Solutions. Be sure to purchase a shamrock or two the next time you patronize these establishments. The Jaycees will be visiting many of these businesses on both the 3rd, 14th and 17th of March (Following our meetings). Come and join in the fun.

James Brennan  
MDA Shamrocks Chairperson



## Community Director

Chicken Q!

On Thursday, April 2nd, the La Crosse Jaycees will be running a Chicken Q with chicken by Pogy's at the VFW, 630 6<sup>th</sup> Street. A ticket holder will receive a chicken dinner that consists of ½ a chicken, beans, potato salad and a roll. The Chicken Q runs from 11am-6pm, so we can get both the lunch and dinner crowd. We really need all members help with making this event a success. If any of you can spare a few hours to help assemble the dinners, or deliver dinners to some companies around town? We will need workers to start at 10:00 am to assemble dinners that need to be delivered at 11. The busiest time will be the lunch hour so that is when we need to most helpers. Maybe you could take an extended lunch hour that day? If you can't take any time off from work, even if you can just come pick up dinners for your work. The afternoon will probably be a little slow, but then we will need help again at the supper hour.

Please let me know if you need tickets, or want to sign up to work. We need to have orders in by March 26<sup>th</sup>. You can sign up at the March 17th meeting, or you can reach me by phone at 608-487-0050 or email [zach\\_geier@yahoo.com](mailto:zach_geier@yahoo.com).

Thank you in advance,

Zach Geier  
Chicken Q Chair/Community Director



## Tidbit from the Treasurer

Greetings from the Treasurer!

Happy St. Patrick's Day to everyone! Celebrate in style but be smart and safe. If you are looking to make a donation for Big Brothers and Big Sisters Bowl-a-thon, please feel free to send me your donation! I appreciate all donations to meet my goal. Here is the March Treasurer's tidbit, 'tis the tax season. If you are unhappy with your 2008 tax return/donation, you should check with your payroll department to see what you are claiming. However, if you need advice on what to claim, consult with your tax accountant or preparer.

Hope to see you around soon,

Jason Arens  
2009 Treasurer



## Neighbor's Day

Please mark your calendars for **Neighbors Day on Saturday, April 18th**. This is a great opportunity to celebrate our great community of La Crosse by showing how much we care for our elderly and special needs neighbors! We are looking for volunteers to help with raking, turning gardens, trimming shrubs and washing windows. If you know of any groups who would like to volunteer some time to help their neighbors, please have them send an email to [neighborsday@yahoo.com](mailto:neighborsday@yahoo.com). The newspaper article in the Tribune comes out on March 1st and this is when we will be getting requests for help from our neighbors. I have a small Jaycee subcommittee started, but will be looking for more help in the next month. If you would like to join the committee, please let me know. The Jaycees are also in charge of the "tool shed" and getting supplies to the volunteers. Please look for a volunteer sign up sheet at an upcoming general membership meeting. Please contact me if you would like more information.

Heather Suby  
2009 Neighbors Day  
Chairperson



## 2009 Softball Team

Softball season is coming up quick and the La Crosse Jaycee's will be fielding a team. Snuffy's Bar has agreed to pay the league fees while River Steel, Inc. will be supplying the uniforms. There will be further details following the March registration period. The games are tentatively planned for Friday evenings and should be a great deal of fun.

James Brennan  
2009 Softball Coach



## Habitat for Humanity®

This year we have decided to add a new project under Community Development. I am excited to announce that we will be helping with one of the Habitat for Humanity homes in Holmen on **Saturday, June 6th**. What a great chapter we have!!! Already, there are 12 member signed up and ready to roll up their sleeves, pick up a hammer and build!!! I think this shows how dedicated we are to the community and I think we will have a lot of fun, too!! Please attend an upcoming general membership meeting for more details and to sign up to help!!!

Heather Suby  
Community VP

## Newsletter/Website director

Happy March!

I hope everyone is doing well and I'm sure everyone is looking forward to Spring and softball season! As the busy Spring and soon Summer are almost here, please remember to get me your articles by the 4th Monday of every month. And, just in time for St. Patty's Day, here's a recipe for Green Grasshopper pie.

### Ingredients

1 Pre-made Oreo pie crust  
3/4 cup hot milk  
24 large marshmallows  
1/4 cup crème de menthe liqueur  
2 tablespoons white crème de cacao  
1 cup whipping cream, whipped  
*Optional* A drop or two of green food dye.

### Method

In saucepan, melt marshmallows in milk over medium heat. Remove from heat and cool. Add crème de menthe and crème de cacao, and mix well. Add a drop or two of green food dye if desired. Fold in whipped cream. Pour into pie shell. Freeze for 3 or 4 hours. Serves 8. Serve with a dollop of whipped cream. Enjoy!

Suzie Goyette  
Newsletter/Website Director/Secretary

## Membership VP

Welcome to the Jaycees two new members Dawn Tautges and Jeff Steidl who joined in February at our Salsa Party.

For March we had seven members renew, thank you for renewing!!! We did lose one member to aging out and had two members that did not renew.

Here are the members that are due for April:

Amy Andress - renewed  
Jeff Treder

April renewals are due by March 10<sup>th</sup>.

Members due for May are:

Kelly Goyette  
Monica Hauser

May renewals are due by April 10<sup>th</sup>.

If you know of anyone that would like to join the Jaycees bring them to a meeting, project or social to show them what we do in the Jaycees.

Donella Sarauer  
Membership VP



## Membership Director

Hey everyone and Happy March,

We have a lot going on this month just a few reminders. If you are out and about at Local establishments, look for the MDA Shamrocks and purchase one for a buck as the Jaycees are again doing their part in helping the MDA. Also we have a Polar Plunge team jumping into the FREEZING Black River for Special Olympics, and also a Big Brothers Big Sisters Bowl for Kids sake team as well. So there are a number of opportunities for you to get involved or donate and to quote our President "spice it up". Any questions I am available anytime 385-8924.

Jason Mickelson  
Membership Director

## Social Director

The month of March is already here! We have a lot of fun things coming up.

On March 14<sup>th</sup> starting at 7:00 pm we will be meeting at Bennett O'Riley's. We will be making stops at the bars that are selling Our MDA Shamrocks. Come join us and have a beverage and buy a Shamrock for a good Cause!

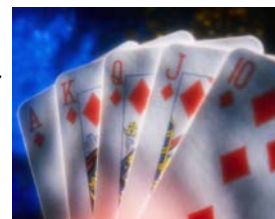
If you are unable to make this event we will be also going out on March 17<sup>th</sup> after our general meeting.



We have another Movie day planned for March 15<sup>th</sup>. We will be going to the Cinema for an afternoon show. Once we get closer to the date an email with the details will come out.

We also have Polar Plunge on March 7<sup>th</sup> so come support your jumpers and non-jumpers! We also have Bowl for kids Sake going on and it is a great time to come out and watch our fellow member bowl and have a great time for another good cause!

Gambling anyone? I am planning a gambling trip for April 4<sup>th</sup>. If you are interested let me know and then we can plan a time and place.



Thank you to James for taking over the Softball team! Thank you for everyone one who made it to Salsa night. Everyone was wonderful with your dancing abilities! Thank you to Cindy for setting that up. And thank you for everyone who made it to Movie night we have a great turn out and a funny movie.

If anyone has an idea for a social please let me know.

Barb  
Social Director

**Birthdays**

Dawn Tautges 3/6/77  
 Matt Morrison 3/17/73  
 Kristen Fromm 3/25/83  
 James Brennan 3/27/83



**Jaycee Anniversaries**

Laurie Sonsalla	Mar-95	14 yrs
Julie Van den heuvel	Mar-01	8 yrs
Shannon Hoffman	Mar-07	2 yrs
Jason Mickelson	Mar-07	2 yrs
Rachel Peterson	Mar-08	1 yr
Adam Bryhn	Mar-08	1 yr
Amber Leer	Mar-08	1 yr
Zach Geier	Mar-08	1 yr
Crystal Vaage	Mar-08	1 yr

**March 2009**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 7:00 p.m. General meeting MDA Social to follow	4	5	6	7 Polar Plunge
8	9	10 6:00 p.m. CPG ID At Jaycee Hall	11	12	13	14 7:00 Bennett's MDA Social
15 Movie day at Cinema	16	17 7:00 p.m. General Meeting MDA Social to follow	18	19	20	21
22	23	24 6:00 p.m. Board Meeting	25	26	27 7:00 p.m. Bowling for Kids Sake Features West Salem	28
29	30	31				

# CHICKEN Q



## La Crosse Jaycees Chicken Q

By **Pogy's**

Thursday, April 2, 2009

11:00 am to 6:00 pm

Dinner includes ½ chicken, beans, potato salad, roll and butter.

**Only \$7.00 per dinner**

Dinners can be picked up at the La Crosse VFW, 630 6<sup>th</sup> Street, La Crosse

We can deliver orders of 10 or more, but if someone from your office can come pick them up, that works even better.

For questions or to order, please call Zach at 608-487-0050 or Fax form to 608-784-7795. Please return forms by March 25<sup>th</sup>.

Name & # of Dinners

Name & # of Dinners

1	26
2	27
3	28
4	29
5	30
6	31
7	32
8	33
9	34
10	35
11	36
12	37
13	38
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